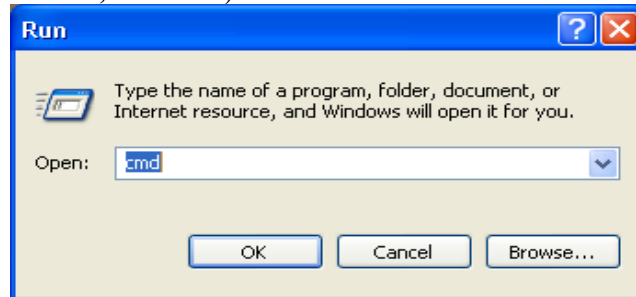
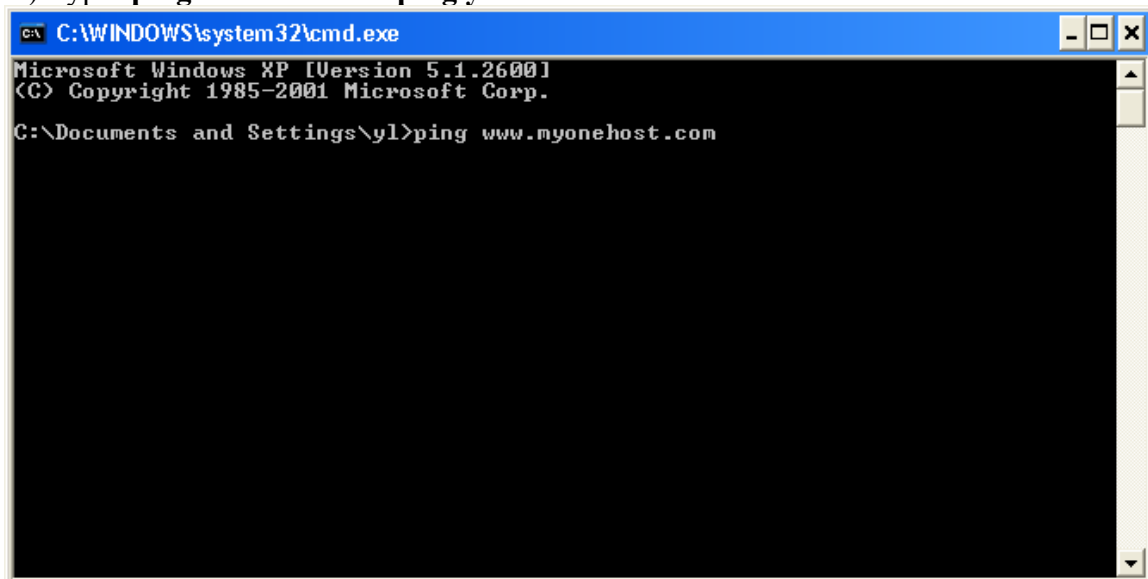


How to do a ping report to our server (web or mail):

- 1.) Click 'Start' button => 'Run' => Type in 'command' (Win98 or Win ME) OR 'cmd' (Win 2000, Win XP)



- 2.) Type 'ping serverIP' or 'ping yourdomainname.com'.



- 3.) Right click => 'Edit' => 'Mark' => Drag and select the result of ping => Right click => 'Edit' => 'Copy' => 'Paste' in Notepad and email to admin@myonehost.com / support@myonehost.com.

